

## Kerala University Inter Collegiate Athletics Championship (M&W) 2016-2017

Venue: University Stadium, Thiruvananthapuram

Date: 14<sup>th</sup> to 16<sup>th</sup> December 2016

### RESULTS - MEN

<b>100 M. Race</b>				
<i>Existing Record</i>	<i>RATHEESHKUMAR. G</i>	<i>S.D.College, Alappuzha</i>	<i>10.6 Sec.</i>	<i>2003-04</i>
Position	Name	College	Performance	
<b>I</b>	MOHAMMAD YASIN	Mar Ivanios College, Tvpm	11.05 Sec.	
<b>II</b>	LIKHIN S	S.N.College, Punalur	11.06 Sec.	
<b>III</b>	EDWIN. A. SABU	F.M.N.College, Kollam	11.29 Sec.	
<b>IV</b>	SOORAJ.V.R	M.G. College, Tvpm	11.32 Sec.	
<b>200 M. Race</b>				
<i>Existing Record</i>	<i>RAHUL G. PILLAI</i>	<i>S.N.College, Punalur</i>	<i>21.4 Sec.</i>	<i>2010-11</i>
<b>I</b>	LIKHIN S	S.N.College, Punalur	22.04 Sec.	
<b>II</b>	SALBIN JOSEPH	S.N.College, Chempazhanthy	22.60 Sec.	
<b>III</b>	AKHIL. A. S	Mar Ivanios College, Tvpm	22.81 Sec.	
<b>IV</b>	AMEESH MOHAN	S.N.College, Chempazhanthy	22.95 Sec.	
<b>400 M. Race</b>				
<i>Existing Record</i>	<i>VISHNU. V</i>	<i>S.N.College, Punalur</i>	<i>47.0 Sec.</i>	<i>2012-13</i>
<b>I</b>	SANU SAJAN	Mar Ivanios College, Tvpm	48.27 Sec.	
<b>II</b>	RAHUL RAJ. R	F.M.N. College, Kollam	48.36 Sec.	
<b>III</b>	JINU.P	F.M.N.College, Kollam	50.20 Sec.	
<b>IV</b>	SANJU. S.J	University College, Tvpm	50.21 Sec.	
<b>800 M. Race</b>				
<i>Existing Record</i>	<i>PRADEEP MATHEW PAUL</i>	<i>LNCPE, Kariavattom</i>	<i>1:53.4 Sec.</i>	<i>1998-99</i>
<b>I</b>	JINU.P	F.M.N.College, Kollam	01:56.14 Sec.	
<b>II</b>	AJITH. P	S.N.C, Chempazhanthy	01:56.77 Sec.	
<b>III</b>	ABIN SAJAN	Mar Ivanios College, Tvpm	01:57.59 Sec.	
<b>IV</b>	SAJEEV SELVARAJ	M.G. College, Tvpm	01:59.03 Sec.	
<b>1500 M. Race</b>				
<i>Existing Record</i>	<i>BINISH SOMON</i>	<i>S.N. College, Kollam</i>	<i>3:54.8 Sec.</i>	<i>2003-04</i>
<b>I</b>	AKASH S	S.N.College, Punalur	03:59.75 Sec	
<b>II</b>	TWINKLE TOMY	Mar Ivanios College, Tvpm	04:00.91 Sec	
<b>III</b>	ABIN SAJAN	Mar Ivanios College, Tvpm	04:09.41 Sec	
<b>IV</b>	JIJEEESH. M.S	University College, Tvpm	04:14.57 Sec	

<b>5000 M. Race</b>				
<i>Existing Record</i>	<b>JOSEPH. P.T</b>	<i>VTMNSS, Dhanuvachapuram</i>	<b>15:07.5 Sec.</b>	<b>1982-83</b>
<b>I</b>	NADEEM AKBER	St. John's College, Anchal	16:37.14 Sec.	
<b>II</b>	HARILAL. S	St. John's College, Anchal	17:21.20 Sec.	
<b>III</b>	ANSIF S	S.N.College, Punalur	17:26.01 Sec.	
<b>IV</b>	SAJAN S KUMAR	S.N.College, Kollam	18:49.60 Sec.	
<b>10000 M. Race</b>				
<i>Existing Record</i>	<b>SHIJU. C.P</b>	<i>Mar Ivanios College, Tvp</i>	<b>31:50.9 Sec.</b>	<b>2013-14</b>
<b>I</b>	CHANDHU. C.S	St. John's College, Anchal	35:34.89 Sec.	
<b>II</b>	HARILAL. S	St. John's College, Anchal	36:32.69 Sec.	
<b>III</b>	BIBIN B	S.N.College, Punalur	38:01.85 Sec.	
<b>IV</b>	SARATH S S	VTM NSS, Dhanuvachapuram	41:05.93 Sec.	
<b>20000 M. Walk</b>				
<i>Existing Record</i>	<b>SURENDRAN. V</b>	<i>S.N.College, Punalur</i>	<b>01 Hr.39:39 Sec</b>	<b>1993-94</b>
<b>I</b>	NITHIN S KUMAR	St. John's College, Anchal	2Hr.02:29Sec.	
<b>II</b>	ANDREWS T S	St.Michael's College, Cherthala	2Hr.15:50Sec.	
<b>III</b>	NIYAS S	S.N.College, Punalur	2Hr.18:28Sec.	
<b>IV</b>	AKHIL KRISHNAN	Bishop Moore, Mavelikkara	2Hr.32:27Sec.	
<b>110 M. Hurdles</b>				
<i>Existing Record</i>	<b>PAUL JOSEPH</b>	<i>St.Michael's College, Cherthala</i>	<b>14.6 Sec.</b>	<b>2013-14</b>
<b>I</b>	ROSHAN JOSE KURIAN	S.N.College, Punalur	18.43 Sec.	
<b>II</b>	DINEESH. D	S.N.College, Cherthala	18.45 Sec.	
<b>III</b>	SARATH KRISHNAN	S.N.College, Punalur	19.86 Sec.	
<b>IV</b>	ANVAR	MACAS, Panavoor	20.06 Sec.	
<b>400 M. Hurdles</b>				
<i>Existing Record</i>	<b>BINU BABY</b>	<i>Govt Arts College, Tvp</i>	<b>52.8 sec</b>	<b>2012-13</b>
<b>I</b>	EMMANUEL CHRISTY	F.M.N. College, Kollam	54.13 Sec.	
<b>II</b>	BENCHAMIN JOSEPH	S.N.C, Chempazhanthy	54.85 Sec.	
<b>III</b>	THOMAS MATHEW	F.M.N, College, Kollam	56.05 Sec.	
<b>IV</b>	NANDU S	S.N.College, Punalur	01:00.99 Sec.	
<b>3000 M. Steeple Chase</b>				
<i>Existing Record</i>	<b>AKASH. S</b>	<i>S.N College, Punalur</i>	<b>10:05.00 Sec.</b>	<b>2015-16</b>
<b>I</b>	AKASH S	S.N.College, Punalur	09:47.61 Sec.	<b>N.M.R</b>
<b>II</b>	JIJESH. M.S	University College, Tvp.	10:30.95 Sec.	
<b>III</b>	Gokul.S	B.J.M. Govt. College, Chavara	11:02.99 Sec.	
<b>IV</b>	SHIJU. J	St. John's College, Anchal	11:30.07 Sec.	

<b>Hammer Throw</b>				
<i>Existing Record</i>	<b>ABHILASH. S</b>	<i>Mar Ivanios College, Tvpm</i>	<b>46.30 Mtrs.</b>	<b>2015-16</b>
<b>I</b>	PRINCE S	S.N.College, Punalur	41.81 Mtrs.	
<b>II</b>	KANNAPPAN T	S.N.College, Punalur	32.51 Mtrs.	
<b>III</b>	ANANDHU K SATHEESH	S.N.College, Chengannur	17.95 Mtrs.	
<b>IV</b>	NITHIN PRADEEP	V.K.C.E.T.	16.85 Mtrs.	
<b>Shot Put</b>				
<i>Existing Record</i>	<b>ABHILASH. S</b>	<i>Mar Ivanios College, Tvpm</i>	<b>13.79 Mtrs.</b>	<b>2014-15</b>
<b>I</b>	AKHIL A	S.N.College, Punalur	12.14 Mtrs.	
<b>II</b>	RAHUL. S. KUMAR	Vidya Academy, Kmr	11.82 Mtrs.	
<b>III</b>	DEVANARAYANAN. S	Bishop Moore, Mavelikkara	11.46 Mtrs.	
<b>IV</b>	HARINARAYANAN	University College, Tvpm	11.26 Mtrs.	
<b>Discus Throw</b>				
<i>Existing Record</i>	<b>JOHNSON VARKEY</b>	<i>C.M.S. College, Kottayam</i>	<b>41.16 Mtrs.</b>	<b>1979-80</b>
<b>I</b>	SHYAMPRASAD	Mar Ivanios College, Tvpm	35.02 Mtrs.	
<b>II</b>	PRINCE S	S.N.College, Punalur	34.74 Mtrs.	
<b>III</b>	KANNAPPAN T	S.N.College, Punalur	33.99 Mtrs.	
<b>IV</b>	ABHISHEK. P.S	Govt. College, Attingal	33.68 Mtrs.	
<b>Javelin Throw</b>				
<i>Existing Record</i>	<b>JAI BHAGWAN</b>	<i>Mar Ivanios College, Tvpm</i>	<b>64.07 Mtrs.</b>	<b>2006-07</b>
<b>I</b>	ARAVIND. M.S	M.G College, Tvpm	52.12 Mtrs.	
<b>II</b>	HARIKRISHNAN. P.K	LNCPE, Kariavattom	47.98 Mtrs.	
<b>III</b>	PRANAV P S	S.N.College, Punalur	46.66 Mtrs.	
<b>IV</b>	AROMAL S MADHU	St.Michael's College, Cherthala	44.77 Mtrs.	
<b>Pole Vault</b>				
<i>Existing Record</i>	<b>NIJIL JACKSON</b>	<i>Govt. Arts College, Tvpm</i>	<b>4.40 Mtrs.</b>	<b>2013-14</b>
<b>I</b>	DEVANAND. G	S.N.College, Chempazhanthy	03.70 Mtrs.	
<b>II</b>	SUJITH SURESH	S.D. College, Alappuzha	03.20 Mtrs.	
<b>III</b>	JOSHUA. K. JOSEY	S.N.College, Cherthala	03.00 Mtrs.	
<b>Triple Jump</b>				
<i>Existing Record</i>	<b>RENJITH. M</b>	<i>S.N.College, Kollam</i>	<b>16.14 Mtrs.</b>	<b>2004-05</b>
<b>I</b>	BOBY SABU	S.N.College, Chempazhanthy	14.40 Mtrs.	
<b>II</b>	C. KIRAN BABU	Mar Ivanios College, Tvpm	13.78 Mtrs.	
<b>III</b>	LINTO SAM CHACKO	S.N.College, Chempazhanthy	13.57 Mtrs.	
<b>IV</b>	MUHAMMED RISWAN	St.Michael's College, Cherthala	13.34 Mtrs.	

<b>Long Jump</b>				
<i>Existing Record</i>	<b>RAJESH. K</b>	<i>S.N.College, Kollam</i>	<b>07.69 Mtrs.</b>	<b>2002-03</b>
<b>I</b>	AJITH. M. A	Mar Ivanios College, Tvp	06.98 Mts.	
<b>II</b>	DINEESH. D	S.N.College, Cherthala	06.77 Mts.	
<b>III</b>	C. KIRAN BABU	Mar Ivanios College, Tvp	06.74 Mts.	
<b>IV</b>	DEVU RAJ	S.N.College, Chempazhanthy	06.74 Mts.	
<b>High Jump</b>				
<i>Existing Record</i>	<b>ARUN. S. KUMAR</b>	<i>S.N.College, Chempazhanthy</i>	<b>2.02 Mtrs.</b>	<b>2009-10</b>
<b>I</b>	AUGUSTINE JOSE	St.Michael's College, Cherthala	01.83 Mts.	
<b>II</b>	HASHIM. H	F.M.N. College, Kollam	01.83 Mts.	
<b>III</b>	ABIN. K.SUNNY	LNCPE, Kariavattom	01.80 Mts.	
<b>IV</b>	RIJIN JOSE	F.M.N. College, Kollam	01.75 Mts.	
<b>Decathlon</b>				
<i>Existing Record</i>	<b>VINOD. P.J</b>	<i>Dept. of Russian, Uty. Of Kerala</i>	<b>6869 Points</b>	<b>2003-04</b>
<b>I</b>	ARAVIND. M.S	M.G College, Tvp	5933 Points	
<b>II</b>	AUGUSTINE JOSE	St.Michael's College, Cherthala	5384 Points	
<b>III</b>	JOSHUA. K. JOSEY	S.N.College, Cherthala	3386 Points	
<b>Half Marathon</b>				
<i>Existing Record</i>	<b>RATHEESH.S</b>	<i>Fathima Matha National College, Kollam</i>	<b>01:08.51.00</b>	<b>2005-06</b>
<b>I</b>	CHANDHU. C.S	St. John's College, Anchal	1:17:41.08	
<b>II</b>	BIBIN B	S.N.College, Punalur	1:20:38.00	
<b>III</b>	PRASANTH. K.P	S.N.College, Cherthala	1:20:54.00	
<b>4 x 100 M Relay</b>				
<b>I</b>	EDWIN. A. SABU, EMMANUEL CHRISTY, RIJINJOSE, RAHULRAJ.R	Fathima Matha National College, Kollam	42.67 Sec.	
<b>II</b>	JAYARAJ N J, SREE RAJ. S.R, NIVIN BENNY, AROMAL S MADHU	St.Michael's College, Cherthala	43.87 Sec.	
<b>III</b>	BOBY SABU, LINTO SAM CHACKO, DEVU RAJ, SALBIN JOSEPH	S.N.College, Chempazhanthy	44.24 Sec.	
<b>IV</b>	JICKSON. K.JOHNSON, AKHIL .P. ARAVIND, BIKASH GOGOI, VISHNU KRISHNA	LNCPE, Kariavattom	45.37 Sec.	

<b>4 x 400 M Relay</b>				
<b>I</b>	ANU B, AKASH S, NANDU S, LIKHIN S	S.N.College, Punalur	03:25.9 Sec.	
<b>II</b>	BENCHAMIN JOSEPH, VEERA MUTHU. K, AMEESHMOHAN, AJITH.P	S.N.College, Chempazhanthy	03:26.2 Sec.	
<b>III</b>	SANU SAJAN, ABIN SAJAN, TWINKLE TOMY, SAGAR. A.P	Mar Ivanios College, Tvpm	03:26.3 Sec	
<b>IV</b>	JJEESH. M.S, JIBIN RAJ, ASWATHI RAJ. R.S, NIKHIL. G.S	University College, Tvpm	03:30.2 Sec.	

### **RESULTS - WOMEN**

<b>100 M. Race</b>				
<i>Existing Record</i>	<i>SINI ALEX</i>	<i>S.N.College for Women, Kollam</i>	<i>12.1 Sec.</i>	<i>2011-12</i>
<b>I</b>	SHILBI. A.P	Govt. College, Kariavattom	12.45 Sec.	
<b>II</b>	ANJU. A.S	Mar Ivanios College, Tvpm	12.70 Sec.	
<b>III</b>	JENIMOL JOY	Mar Ivanios College, Tvpm	12.89 Sec.	
<b>IV</b>	SAYANA P O	S.N.College for Women, Kollam	12.95 Sec.	
<b>200 M. Race</b>				
<i>Existing Record</i>	<i>SHILBI. A.P</i>	<i>Govt. College, Kariavattom</i>	<i>25.03 Sec.</i>	<i>2015-16</i>
<b>I</b>	SHILBI. A.P	Govt. College, Kariavattom	25.54 Sec.	
<b>II</b>	ANJU. A.S	Mar Ivanios College, Tvpm	26.03 Sec.	
<b>III</b>	NEETHU SABU	S.N.College for Women, Kollam	26.09 Sec.	
<b>IV</b>	SREELEKSHMI R	S.N.College, Punalur	29.35 Sec.	
<b>400 M. Race</b>				
<i>Existing Record</i>	<i>SHERIN THOMAS</i>	<i>S.N.College for Women, Kollam</i>	<i>56.4 Sec.</i>	<i>2004-05</i>
<b>I</b>	ANSA BABU	S.N.College, Chempazhanthy	57.51 Sec.	
<b>II</b>	NEETHU SABU	S.N.College for Women, Kollam	58.66 Sec.	
<b>III</b>	JAISRANI SEBASTIAN	S.N.College for Women, Kollam	59.93 Sec.	
<b>IV</b>	ANCHU SABU	St. Xavier's College, Thumba	01:02.75 Sec.	
<b>800 M. Race</b>				
<i>Existing Record</i>	<i>APARNA.K.</i>	<i>Mar Ivanios College, Tvpm</i>	<i>02:14.5 Sec.</i>	<i>2012-13</i>
<b>I</b>	ANSA BABU	S.N.College, Chempazhanthy	02:20.07 Sec.	
<b>II</b>	JITHASREE. J	S.N.College, Cherthala	02:26.46 Sec.	
<b>III</b>	ANCHU SABU	St. Xavier's College, Thumba	02:40.40 Sec.	
<b>IV</b>	ASWATHY SURESH	St. Joseph's College, Alleppey	03:01.95 Sec.	

<b>1500 M. Race</b>				
<i>Existing Record</i>	<b>SAFEEDA. M.P</b>	<i>Mar Ivanios College, Tvpm</i>	<b>04:41.8 sec.</b>	<b>2015-16</b>
<b>I</b>	SETHU. S. RAJAN	S.N.College, Cherthala	04:54.94 Sec	
<b>II</b>	JITHASREE. J	S.N.College, Cherthala	05:10.26 Sec	
<b>III</b>	SUBI MATHEW	S.N.College, Punalur	05:30.31 Sec	
<b>IV</b>	RANI M	S.N.College, Punalur	05:40.86 Sec	
<b>5000 M. Race</b>				
<i>Existing Record</i>	<b>BENCY. P. ROY</b>	<i>Mar Ivanios College, Tvpm</i>	<b>18:10.9 Sec.</b>	<b>2013-14</b>
<b>I</b>	RANI M	S.N.College, Punalur	20:55.20 Sec.	
<b>II</b>	ANUMOL VIJAYAN	Mar Ivanios College, Tvpm	22:11.81 Sec.	
<b>III</b>	ASHA. T.G	N.S.S. College, Neeramankara	22:35.78 Sec.	
<b>IV</b>	ALPHONSIA . M	All Saint's College, Tvpm	24:33.91 Sec.	
<b>10000 M. Race</b>				
<i>Existing Record</i>	<b>THRESSIA. K.K</b>	<i>LNCPE, Kariavattom</i>	<b>38:39.5 Sec.</b>	<b>1989-90</b>
<b>I</b>	SOORYA. S	S.N.College, Cherthala	41:46.93 Sec.	
<b>II</b>	APARNA A	S.N.College, Punalur	42:22.60 Sec.	
<b>III</b>	LEEBA GEORGE	St. John's College, Anchal	45:11.46 Sec.	
<b>IV</b>	CHIPPY. I	St. John's College, Anchal	47:25.30 Sec.	
<b>5000 M. Walk</b>				
<i>Existing Record</i>	<b>SOORYA. S</b>	<i>S.N.College, Punalur</i>	<b>26:54.60 Sec.</b>	<b>2014-15</b>
<b>I</b>	ANUMOL VIJAYAN	Mar Ivanios College, Tvpm	27:51.75 Sec.	
<b>II</b>	GOPIKA. A.G	S.N.College, Cherthala	29:02.89 Sec.	
<b>III</b>	AMALA OUSEPH	St.Michael's College, Cherthala	32:21.90 Sec.	
<b>IV</b>	ASWATHY V S	N.S.S. College, Neeramankara	41:35.35 Sec.	
<b>100 M. Hurdles</b>				
<i>Existing Record</i>	<b>RAJI. C.T</b>	<i>S.N. College, Chempazhanthy</i>	<b>14.7. Sec.</b>	<b>2013-14</b>
<b>I</b>	ALEENA VINCENT	S.N.College for Women, Kollam	14.89 Sec.	
<b>II</b>	PRIYANKA HARIDAS. K	S.N.College, Cherthala	15.78 Sec.	
<b>III</b>	MONISHA TOMI	N.S.S. College, Neeramankara	17.26 Sec.	
<b>IV</b>	SUJITHRA S J	Govt.College for Women, Tvpm	22.00 Sec.	
<b>400 M. Hurdles</b>				
<i>Existing Record</i>	<b>JAIS RANI SEBASTIAN</b>	<i>S.N.College for Women, Kollam</i>	<b>01:04.10 Sec.</b>	<b>2014-15</b>
<b>I</b>	JAIS RANI SEBASTIAN	S.N.College for Women, Kollam	01:02.76 Sec.	<b>N.M.R</b>
<b>II</b>	SAYANA P O	S.N.College for Women, Kollam	01:05.50 Sec.	
<b>III</b>	PRIYANKA HARIDAS. K	S.N.College, Cherthala	01:15.20 Sec.	
<b>IV</b>	LEKSHMI DEVRAJ	St. Joseph's College, Alappuzha	01:16.16 Sec.	

<b>3000 M. Steeple Chase</b>				
<i>Existing Record</i>	<i>SAFEEDA. M.P</i>	<i>Mar Ivanios College, Tyvm</i>	<i>11:26. 76 Sec.</i>	<i>2015-16</i>
<b>I</b>	SETHU. S. RAJAN	S.N.College, Cherthala	12:55.38 Sec.	
<b>II</b>	SUBI MATHEW	S.N.College, Punalur	13:55.43 Sec.	
<b>III</b>	PREETHA. S	LNCPE, Kariavattom	15:49.58 Sec.	
<b>IV</b>	ARUNA. K.M	LNCPE, Karaivattom	16:18.67 Sec.	
<b>Hammer Throw</b>				
<i>Existing Record</i>	<i>DESIMOL DOMINIC</i>	<i>S.N.College, Chempazhanthy</i>	<i>45.54 Mtrs.</i>	<i>2001-02</i>
<b>I</b>	SILPA RAJ	S.N.College, Punalur	36.37 Mtrs.	
<b>II</b>	ABHAYA P	S.N.College, Punalur	26.00 Mtrs.	
<b>III</b>	AVANI RAJEEV	S.N.College for Women, Kollam	20.58 Mtrs.	
<b>IV</b>	ASWATHI .U.V	VTMNSS, Dhanuvachapuram	20.35 Mtrs.	
<b>Shot Put</b>				
<i>Existing Record</i>	<i>SARANYA. J</i>	<i>S.N.College, Cherthala</i>	<i>12.56 Mtrs.</i>	<i>2010-11</i>
<b>I</b>	LINCY RENJITH	St. Xavier's College, Thumba	09.76 Mts.	
<b>II</b>	JOSHMY JOSE	St. Xavier's College, Thumba	09.36 Mts.	
<b>III</b>	SUBI ABRAHAM	S.N.College, Cherthala	08.90 Mts.	
<b>IV</b>	SUJISHA. V	LNCPE, Kariavattom	07.94 Mts.	
<b>Discus Throw</b>				
<i>Existing Record</i>	<i>NIVEDITHA. N</i>	<i>S.N.College for Women, Kollam</i>	<i>37.80 Mtrs.</i>	<i>2007-08</i>
<b>I</b>	SUBI ABRAHAM	S.N.College, Cherthala	25.56 Mtrs.	
<b>II</b>	SREESHMA MOHAN	Mar Ivanios College, Tyvm	23.20 Mtrs.	
<b>III</b>	ABHAYA P	S.N.College, Punalur	22.31 Mtrs.	
<b>IV</b>	NISHANA THASLEEMA	S.N.College, Cherthala	21.83 Mtrs.	
<b>Javelin Throw</b>				
<i>Existing Record</i>	<i>BIJI MOHAN. B</i>	<i>S.N.College, Cherthala</i>	<i>40.92 Mtrs.</i>	<i>2010-11</i>
<b>I</b>	ANJUNATH. U.G	LNCPE, Kariavattom	31.06 Mtrs.	
<b>II</b>	SUJISHA. V	LNCPE, Kariavattom	30.01 Mtrs.	
<b>III</b>	VIJI. V.S	VTMNSS, Dhanuvachapuram	25.55 Mtrs.	
<b>IV</b>	GEETHU. S. DAS	S.N.College, Chempazhanthy	25.38 Mtrs.	
<b>Pole Vault</b>				
<i>Existing Record</i>	<i>SARANYA RAJU</i>	<i>S.N.College, Cherthala</i>	<i>02.55 Mtrs.</i>	<i>2015-16</i>
<b>I</b>	ANJALY FRANCIS. P	S.N.C, Chempazhanthy	02.70 Mtrs.	<b>N.M.R</b>
<b>II</b>	RUGHMA SASIKUMAR	LNCPE, Kariavattom	02.10 Mtrs.	
<b>III</b>	SARANYA RAJU	S.N.C, Cherthala	02.00 Mtrs.	
<b>III</b>	ASHALATHA. T.R	S.N.C, Cherthala	02.00 Mtrs.	

<b>Triple Jump</b>				
<i>Existing Record</i>	<b>TINCY MATHEW</b>	<i>S.N.College for Women,Kollam</i>	<b>12.63 Mtrs.</b>	<b>2004-05</b>
<b>I</b>	ALPHY LUCKOSE	S.N.College, Chempazhanthy	12.83 Mtrs.	<b>N.M.R.</b>
<b>II</b>	JENIMOL JOY	Mar Ivanios College, Tvpm	12.24 Mtrs.	
<b>III</b>	DIVYA RAVIKUMAR	LNCPE, Kariavattom	10.55 Mtrs.	
<b>IV</b>	ATHIRA. A	S.N.College, Cherthala	10.49 Mtrs.	
<b>Long Jump</b>				
<i>Existing Record</i>	<b>NAYANA JAMES</b>	<i>Mar Ivanios College, Tvpm</i>	<b>06.00 Mtrs.</b>	<b>2015-16</b>
<b>I</b>	NAYANA JAMES	Mar Ivanios College, Tvpm	05.86 Mtrs.	
<b>II</b>	ALPHY LUCKOSE	S.N.College, Chempazhanthy	05.71 Mtrs.	
<b>III</b>	GEETHU. S. DAS	S.N.College, Chempazhanthy	05.28 Mtrs.	
<b>IV</b>	ANEETA FERNANDEZ. J	St. Joseph's College, Alappuzha	04.39 Mtrs.	
<b>High Jump</b>				
<i>Existing Record</i>	<b>MINI FRANCIS</b>	<i>LNCPE, Kariavattom</i>	<b>1.59 Mtrs.</b>	<b>1993-94</b>
<b>I</b>	ASHALATHA. T.R	S.N.College, Cherthala	01.43 Mtrs.	
<b>I</b>	ATHIRA. A	S.N.College, Cherthala	01.43 Mtrs.	
<b>III</b>	NISSY LAISSY THAMPY	St. Xavier's College, Thumba	01.40 Mtrs.	
<b>IV</b>	RUGHMA SASIKUMAR	LNCPE, Kariavattom	01.30 Mtrs.	
	<b>NAYANA JAMES</b>	<i>Mar Ivanios College, Tvpm</i>	<b>1.62 Mtrs. (Heptathlon)</b>	<b>NMR 2016-17</b>
<b>Heptathlon</b>				
<i>Existing Record</i>	<b>ALEENA VINCENT</b>	<i>S.N.College for Women,Kollam</i>	<b>4342 Points</b>	<b>2015-16</b>
<b>I</b>	NAYANA JAMES	Mar Ivanios College, Tvpm	4533 Points	<b>N.M.R</b>
<b>II</b>	ALEENA VINCENT	S.N.College for Women, Kollam	4383 Points	<b>B.R</b>
<b>III</b>	SARANYA RAJU	S.N.College, Cherthala	1945 Points	
<b>IV</b>	AMRITHA. A.S	St. Joseph's College, Alleppey	1742 Points	
<b>Half Marathon</b>				
<b>I</b>	SOORYA. S	S.N.College, Cherthala	01:36:53 Sec.	
<b>II</b>	CHIPPY. I	St. John's College, Anchal	01:37:12 Sec.	
<b>III</b>	APARNA. A	S.N.College, Punalur	01:40:26 Sec.	



<b>4 x 100 M. Relay</b>				
<b>I</b>	ANUMOL VIJAYAN, ANJU. A.S, JENIMOL JOY, NAYANA JAMES	Mar Ivanios College, Tvp m	50.56 Sec.	
<b>II</b>	ATHIRA. A, SUBI ABRAHAM, JITHASREE. J, ARYANATH. A	S.N.College, Cherthala	50.71 Sec.	
<b>III</b>	ROSS CYRIAC, ANUPAMA. P.R, TREESA ANTONY, KAVYA. S	St. Joseph's College, Alappuzha	54.05 Sec.	
<b>IV</b>	JYOTHY. JOHNSON, MISHALA , STENY .ANTONY, MALINI. M .NAIR	All Saint's College, Tvp m	01:01.8	
<b>IV</b>	DIVYA RAVIKUMAR, ASWATHY A, AKSHAYA. A.S, ASWINI DAS .T.S	LNCPE, Karyavattom	54.37 Sec.	
<b>4 x 400 M. Relay</b>				
<b>I</b>	ALEENA VINCENT, SAYANA P.O, NEETHU SABU, JAISRANI SEBASTIAN	S.N. College for Women, Kollam	03:59.2	
<b>II</b>	SOORYA. S, SETHU. S. RAJAN, ASHALATHA. T.R, SARANYA RAJI	S.N.College, Cherthala	04:27.1	
<b>III</b>	ANCHU SABU, NISSY LAISSY THAMPY, JOSHMY JOSE, LINCY RENJITH	St. Xavier's College, Thumba	04:30.5	
<b>IV</b>	CHIPPY. I, SONY. K, LEEBA GEORGE, ANJUMOL. VARGHESE	St. John's College, Anchal	04:32.2	